

## Toilet Learning Readiness Checklist:

- Is your child's diaper dry for at least an hour and a half at a time?
- Does your child stop playing when he's pushing a poop into his diaper?
- Is your child over the fascination of learning to walk and run? Does she enjoy sitting and playing with toys?
- Does your child mention or indicated that his diapers are wet or full, or that he has just peed or pooped?
- Does your child know when she is in the process of peeing or pooping?
- Does your child indicate "the need to go?"
- Does your child like to put shoes, coats, and books where they belong?
- Does your child imitate your behavior: cooking, shaving, shopping?
- Does your child put dolls or stuffed animals on the toilet? Does he follow you and others into the bathroom to watch you?
- Is your child comfortable and not afraid of sitting on the toilet?
- Is your child willing to sit on the toilet twice a day as part of the daily routine?

If you answered yes to most of these eleven questions, your child is ready for toileting instruction.

From Mommy I have to go Potty! A Parent's Guide to Toilet Training by Jan Faull, M.Ed.